




Kerri Louati, MS, RD, LDN, CDE
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Insurance Verification for Nutrition Services

Please complete before scheduling your appointment.

 **Call the member services number on the back of your insurance card and say:**
"Hi, I'm calling to verify my benefits for nutrition counseling with a registered dietitian."

Step 1 — Policy Type

1. What type of plan do you have?

- PPO
- POS
- HMO
- Other

Step 2 — Coverage Questions

2. Does my plan cover outpatient nutrition counseling?	<input type="radio"/> Yes	<input type="radio"/> No
3. Are CPT codes 97802 (initial) and 97803 (follow-up) covered? Also ask about 99401 and 99404.	<input type="radio"/> Yes	<input type="radio"/> No
4. Does my plan cover medically necessary medical nutrition therapy?	<input type="radio"/> Yes	<input type="radio"/> No
5. Does my plan cover preventative nutrition counseling under the healthcare reform?	<input type="radio"/> Yes	<input type="radio"/> No
6. Do I have a copay for outpatient nutrition counseling?	<input type="radio"/> Yes	<input type="radio"/> No
7. Do I have to meet my deductible before nutrition counseling is covered?	<input type="radio"/> Yes	<input type="radio"/> No
8. Does my plan cover telehealth services for nutrition counseling? (If asked if telehealth is through MD Live or Teladoc, say No)	<input type="radio"/> Yes	<input type="radio"/> No
9. Is there a cost-share for telehealth?	<input type="radio"/> Yes	<input type="radio"/> No
10. Do I need a physician referral or prior authorization for nutrition counseling?	<input type="radio"/> Yes	<input type="radio"/> No

If yes to #10, which applies:

- Physician referral
- Prior authorization

Step 3 — Provider Information (if requested)

Provider	Kerri Louati, MS, RD, LDN, CDE
Practice	Foodicinal
Group NPI	1558040808
Tax ID (EIN)	46-3577872
Telehealth	NOT through MD Live or Teladoc — please select No if asked

Step 4 — Record These Before You Hang Up

11. Ask: "Could you repeat your name and provide me with a reference number?" (needed to dispute any rejected claims)

12. Your policy / member ID and name on your insurance card:

13. How many visits are covered per year?

14. What is my cost per visit? (copay, coinsurance, or deductible amount)

Important

Insurance coverage is not guaranteed. Verifying your benefits helps estimate your coverage, but final payment responsibility is determined by your insurance company after a claim is processed.